



HMZ provides Corporate Update

TORONTO, CANADA, February 9, 2007 – HMZ Metals Inc. (“HMZ” or the “Company”) provides its bi-weekly update pursuant to the Management Cease Trade Order announced April 18, 2006.

Joyce Bish has recently joined HMZ’s advisory team assisting in Corporate Development including Strategic Planning and Investor Relations. Joyce Bish has over 15 years experience in the mining sector. Her most recent position was at Merrill Lynch Canada as a Director and Base Metals research analyst.

Ms. Bish joins John Gruetzner; principal of Intercedent Limited, a Beijing based consulting company providing business development services for foreign companies operating in China and John Kwong; former vice president and Head of Global Export Finance, Global Corporate and Investment Banking at Citigroup where he specialized in structuring and marketing global trade finance, project and structured finance solutions to the bank’s leading corporate clients.

Previously announced legal and other initiatives regarding the Company’s Chinese joint venture interest continue.

For more information visit www.hmzmetals.com or call Kerry Smith at 416-214-3270