



## **HMZ provides Corporate Update**

**TORONTO, CANADA, July 28, 2006** – HMZ Metals Inc. (“HMZ” or the “Company”) provides bi-weekly update pursuant to the Management Cease Trade Order announced April 18, 2006.

The Company is currently taking steps to safeguard its shareholders interests and continues to work towards a definitive settlement of all outstanding issues with its Chinese partners in order to provide a viable framework for future operations.

HMZ management plans to be in China the week of August 7<sup>th</sup> to move ahead with both the audit of its Chinese operations and the due diligence review a number of new projects.

**For more information visit [www.hmzmetals.com](http://www.hmzmetals.com) or call Kerry Smith at 416-214-3270**