



HMZ provides Corporate Update

TORONTO, CANADA, October 5, 2006 – HMZ Metals Inc. (“HMZ” or the “Company”) provides bi-weekly update pursuant to the Management Cease Trade Order announced April 18, 2006.

On its most recent trip to China, senior management together with a representative of Deloitte Touche LLP reviewed currently available operational data for the Company’s Chinese Joint Venture with its third party accountant. The Company’s planned on-site review of Joint Venture assets was delayed due to the non cooperation of Kuang Yihuai and the Company’s Chinese joint venture partner in facilitating access to the site and data related thereto.

The Company is in the process of launching several initiatives and is confident it will be able to impose a definitive settlement of all outstanding issues with its Chinese partners in order to provide a viable framework for future operations.

Further to the Letter of Intent announced September 28, 2006 the Company continues its due diligence review of a number of new projects as part of its plans to diversify operations in China by expanding its management expertise and operational capacity exclusive of the Company’s current joint venture partner.

For more information visit www.hmzmetals.com or call Kerry Smith at 416-214-3270